

Northern Velocity
Runfit 5th May 5K



Positon	No.	First Name	Last Name	Club	Finishing Time	
1	19	David	Mc Gaffin	Springwell	19.09	First Male
2	25	Fergus	Irwin		19.30	Second Male
3	20	Declan	Doherty	Foyle Valley	21.20	Third Male
4	17	Ewan	McGrath		23.02	
5	50	Bernard	Gallagher	couch to 5k	24.05	
6	4	Enda	Young		24.19	
7	18	David	Campbell	springwell	25.07	
8	21	Kevin	Mc Earlean	Termonenny	25.18	
9	5	James	Irwin	Magherafelt harriers	25.35	
10	27	Joanne	Convery		26.11	First Female
11	26	Maria	Quinn		26.46	Second Female
12	13	Ollie	Boyd		27.02	
13	80	Emma	Loughery	couch to 5k	27.15	Third Female
14	1	Claire	Boyd		27.32	
15	22	Gillian	Plant		28.00	
16	23	Veronica	Mc Laughlin		28.00	
17	11	Michael	Toner		28.04	
18	65	Miranda	Lowry	couch to 5k	28.30	
19	51	William	Burke	couch to 5k	28.45	
20	72	Chloe	O'Kane	couch to 5k	28.48	
21	2	James	O'Kane		28.57	
22	12	Noel	Mc Gillion		28.57	
23	6	Jamielee	Graham		29.26	
24	69	Alexis	Mc Ivor	Couch to 5k	29.26	
25	61	Eileen	Bowerman	couch to 5k	30.10	
26	81	Claire	Toner	couch to 5k	30.20	
27	62	Simone	Forest	couch to 5k	30.40	
28	16	Tracy	Shanahan		30.48	
29	66	Lorissa	Rosier	couch to 5k	30.53	
30	67	Christa	Vogel	couch to 5k	30.53	
31	73	Molly	Okane	couch to 5k	31.28	
32	74	Hannah	Okane	Couch to 5k	31.28	
33	79	Anne Marie	Loughery	Couch to 5k	31.41	
34	57	Fiona	Smyth	couch to 5k	32.08	
35	77	Courtney	Lunn	couch to 5k	32.39	
36	82	Don	Allen	couch to 5k	32.39	
37	55	Sinead	Gallagher	couch to 5k	32.44	
38	53	Lauren	Devlin	couch to 5k	32.58	
39	14	Peter	Corrigan		33.15	
40	49	Helen	Houston	Couch to 5k	33.20	
41	43	Melissa	Alcorn	couch to 5k	33.22	
42	75	Roberta	Williamson	couch to 5k	33.36	
43	54	Donna	Devlin	Couch to 5k	33.53	
44	3	Diane	McArthur		34.03	
45	28	Joanne	Mc Laughlin		34.05	
46	41	Robert	Mc Millan	couch to 5k	34.08	
47	58	Margret	Cairns	couch to 5k	34.08	
48	63	Claire	Mc Allister	couch to 5k	35.02	
49	59	John	Dorran	Couch to 5k	35.03	
50	60	Shannon	Dorran	couch to 5k	35.03	
51	84	Avril	Dicksen	Couch to 5k	35.16	
52	8	Joanne	Keen		35.20	
53	9	Julie	Corbett	Springwell	35.21	
54	68	Catherine	George	couch to 5k	35.34	
55	44	John	Harron	Couch to 5k	35.36	
56	78	Bobby	Goodwinn	couch to 5k	35.42	
57	83	Jennifer	Mc Laughlin	couch to 5k	35.42	
58	48	Marica	Caffrey	couch to 5k	35.52	
59	45	Suzi	Stenhouse	couch to 5k	36.51	
60	40	Samantha	Mc Millan	couch to 5k	38.40	
61	64	Nia	Plank	Couch to 5k	38.40	
62	71	Cherith	Mc Arthur	couch to 5k	38.40	
63	42	Leona	Ferris	couch to 5k	38.49	
64	70	Marie-Therese	Mullan	couch to 5k	38.49	
65	76	Keith	Williamson	couch to 5k	38.54	
66	10	Matthew	Ferris		39.59	
67	24	Nevin	Mullan		39.59	
68	46	Sharon	Mc Laughlin	couch to 5k	42.03	
69	52	Marleen	Kelly	couch to 5k	42.03	
70	56	Emma	Armstrong	couch to 5k	42.03	
71	47	Amanda	Brown	couch to 5k	42.03	
72	7	Jenna	Palmer		44.03	
73	15	Stacey	Montgomery	Springwell	44.03	